

Teacher Commands: Self-Monitoring Sheet

Teacher: _____ Date: _____

Room/Subject: _____ Activity: _____

Start Time: _____ End Time: _____ Number/Mins: _____

Teacher Directions: Select a time period when you think that you typically give a significant number of commands and/or requests to your students. Record (a) the number of commands/requests that you give, whether to your whole class or to specific students, and (b) the number of those requests that students *fail* to follow (according to the definition for compliance below). As soon as possible after your self-monitoring, complete the items on the front and back of this sheet:

Definition for student compliance:
The student(s) complied with a teacher directive to the instructor's satisfaction within _____ seconds of the command or request being given.

1. How many commands and requests did you deliver to the entire class and/or individual students during the observation period?	
2. How many minutes long was your observation period?	Mins
3. On average, how many commands and requests did you deliver per <i>minute</i> during the observation period? (Item 1/Item 2)	Per Min
4. Of your commands and requests, what <i>number</i> did the class or individual students <i>not</i> comply with to your satisfaction?	
5. Of your commands and requests, what <i>percentage</i> did the class or individual students <i>not</i> comply with to your satisfaction? (Item 4/Item 3)...	%

During the monitoring period, did I...

- ensure that I have students' full attention (e.g., establishing eye contact with the class) before delivering a command?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- deliver only one command at a time and wait for students to comply before delivering another?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

During the monitoring period, did I...

- present the command in a matter-of-fact, businesslike way rather than as a 'bossy teacher'?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- state the command in clear, precise, specific terms that are easy to understand?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- avoid stating my commands as questions or requests that students have the right to refuse?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- avoid confusing the student with long verbalizations, justifications, or explanations of why I am giving the command?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- wait a consistent amount of time after the command (e.g., five to fifteen seconds) without giving further directions to permit the student(s) to comply?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- repeat the command to those students who initially failed to comply, firmly restating the command as "*I need you to...*"?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%

- provide consistent and appropriate follow-up consequences for those students who continued to fail to comply with my commands?

Never/Seldom	Occasionally	Frequently	Most/All of the Time
0-25%	26-50%	51-75%	76-100%